

WINDERMERE
900 WEST
12TH AVE
VANCOUVER
BC

In the Wind

SEPTEMBER 2011



Back in the Saddle Again

by Gene Autry

*I'm back in the saddle again, out where a friend is a friend,
Where the long horn cattle feed on the lonely jimson weed
I'm back in the saddle again.
Ridin' the range once more, totin' my old forty-four,
Where you sleep out every night and the only law is right,
Back in the saddle again.*

*Whoopi ti yi yo, rockin' to a fro, back in the saddle again
Whoopi ti yi yea, I'll go my own*

September is. . .



WORLD WEST MONTH at Windermere!

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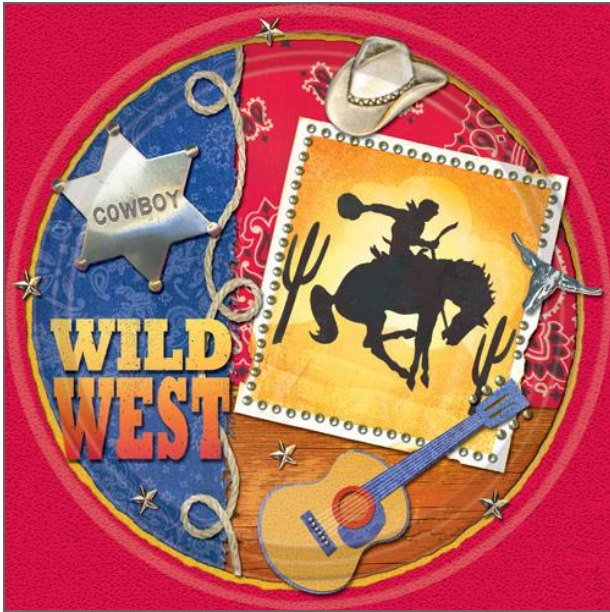
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Highlights

Moments from August



September



**Please join us
September 23
2:15 PM
on the Main Floor
for a Wild West
birthday party!**



September Poem

The goldenrod is yellow,
The corn is turning brown,
The trees in apple orchards
With fruit are bending down;

The gen an's bluest fringes
Are curling in the sun;
In dusty pods the milkweed
Its hidden silk has spun;

The sedges flaunt their harvest
In every meadow nook,
And asters by the brookside
Make asters in the brook;

From dewy lanes at morning
The grapes' sweet odors rise;
At noon the roads all flutter
With yellow butterflies—

By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer.

Who Was Annie Oakley?

Annie Oakley was born to Quaker parents in Ohio. She had six brothers and sisters. When she was six years old her father died due to exposure to snow and freezing weather. Her mother remarried and had another child, then became a widow again. She could not take care of all the children, so she sent Annie to live on a "poor farm".

Annie was reunited with her mother when she was 15 years old. Annie taught herself to shoot a gun, and she became such a good shot she was able to hunt small animals and sell them. When she had accumulated \$200, she gave it to her mother to pay off the mortgage on the farm.



In 1876, Annie married Frank Butler. They began a travelling Wild West show. Frank had top billing, but he soon realized Annie was a better shot than he was and also a better show person. So he stepped aside, gave her top billing, and became her manager. They took a job with Sells Brothers Circus and spent 40 weeks traveling with them. The season ended in New Orleans.

It just happened that Buffalo Bill Cody came to town with his "Wild West Show". Annie auditioned — he hired her on the spot.

What a show she put on for the crowd! She would throw up glass balls and shoot them before they fell to the ground. She could toss up six balls and then shoot all of them. She could shoot something while looking in a mirror. She could shoot a playing card turned sideways no less, and split it in half. She was phenomenal! Annie was innocent looking, demure*, and ladylike. The Indian chief Sitting Bull wanted to adopt her as his daughter. He gave her the name *Watanya Cecilia* which means *Little Sure Shot*.

In 1891, Annie was injured in a train wreck. Her spine was hurt, and she was no longer able to do all the things she could previously do. She left the show. A play was written for her and she starred in it.

Annie retired in 1913. She taught thousands of women how to shoot, and she thought women should be able to protect themselves. Interestingly, she was not in favour of women having the vote, and was not very politically active. She *did* believe women should get equal pay for equal work. Annie passed away in November, 1926.

This Month in History

September 1, 1944 - World War II - Second Division of the First Canadian Army liberates Dieppe, returning in triumph to the scene of a disastrous Canadian raid two years earlier; will continue on to clear Boulogne, France and Calais, France, then move to take the port of Antwerp, Belgium.

September 1, 1952 - Saskatchewan-born entertainer Art Linkletter debuts his Art Linkletter's House Party on CBS-TV.

September 11, 1942 - Due to critical labour shortage during war time, government orders all Canadian women, single and married, born between 1918 and 1922, to register with the Unemployment Insurance Commission. Women are expected to work.

September 11, 1956 - Canadian flying ace Billy Bishop dies at age 62; top scoring Canadian and Imperial flying ace of World War I, credited with 72 kills; First Canadian airman to win the Victoria Cross, for a lone 1917 attack on a German airfield; honorary air marshal during World War II.

September 16, 1973 - Vancouver-born actor Raymond Burr stars in The New Perry Mason, a CBS revival of his TV crime drama.

September 26, 1970 - Anne Murray's hit song Snowbird peaks at #8 on the Billboard pop singles chart.

September 30, 1950 - Disaster - Great Alberta fire finally burns out after causing a one week pall of smoke over most of North America; biggest forest fire to hit Canada in modern times ; burned for 222 days —smoke detected as far away as Great Britain and Holland.

Main Floor Schedule

Sunday

Monday

Tuesday

Wednesday

HandyDart outings require a HandyDart number. Please ask Rec staff if you would like to register for one.

Every Thursday at 3:20 pm Shopping Trips to Shoppers Drug Mart Sign-up at the front.

4
9:00 Home Life
9:30 Chess TBC
10:00 Badminton
11:00 Hymn Sing
1:30 Sunday at the Movies
2:00 Walking Club

5
9:00 Home Life
10:00 Fitness
11:00 Anglican Service
2:00 Afternoon Movie "9 to 5"

LABOUR DAY

6
9:00 Home Life
10:00 Fitness
11:00 Windermere Choir
2:00 Inspiration Time
3:15 Book Cart
3:30 In the Wind Pub
6:30 Bingo

7
9:00 Home Life
10:00 Fitness
10:00 Bus & Shuttle
11:00 It's Puzzling
2:00 Flower Arranging
3:30 In the Wind Pub

11
9:00 Home Life
9:30 Chess
10:00 Badminton
11:00 Hymn Sing
1:30 Sunday at the Movies
2:00 Walking Club

12
9:00 Home Life
10:00 Fitness
11:00 Anglican Service
2:00 Bocce
3:30 In the Wind Pub

13
Chinese Lantern Festival
8:00 Alzheimer's Breakfast: Main floor
9:00 Home Life
10:00 Fitness
11:00 Windermere Choir
2:00 Inspiration Time
3:15 Mooncake Tea Time
3:30 In the Wind Pub
6:30 Bingo

14
9:00 Home Life
10:00 Fitness
10:00 Dim Sum
11:00 It's Puzzling
2:30 Scenic Drive
2:00 Flower Arranging
3:30 Men's Club

18
9:00 Home Life
9:30 Chess
10:00 Badminton
11:00 Hymn Sing
1:30 Sunday at the Movies
2:00 Walking Club

19
9:00 Home Life
10:00 Fitness
11:00 Anglican Service
2:00 Noodle Hockey
3:30 In the Wind Pub

20
9:00 Home Life
10:00 Fitness
11:00 Windermere Choir
2:00 Inspiration Time
3:00 Book Cart
3:30 In the Wind Pub
6:30 Bingo

21
9:00 Home Life
10:00 Fitness
10:00 Alpen Club
11:00 It's Puzzling
2:00 Resident Council
3:30 In the Wind Pub

25
9:00 Home Life
9:30 Chess
10:00 Badminton
11:00 Hymn Sing
1:30 Sunday at the Movies
2:00 Walking Club

26
9:00 Home Life
10:00 Fitness
11:00 Anglican Service
2:00 Bocce
3:30 In the Wind Pub

27
9:00 Home Life
10:00 Fitness
11:00 Windermere Choir
2:00 Celebration of Life
3:00 Book Cart
3:30 In the Wind Pub
6:30 Bingo

28
9:00 Home Life
10:00 Fitness
10:00 Scenic Drive
11:00 It's Puzzling
2:00 Oktoberfest

September 2011

Monday	Thursday	Friday	Saturday
	1 9:00 Home Life 10:00 Fitness 11:00 Catholic Mass 2:00 Garden Walks 3:30 In the Wind Pub	2 9:00 Home Life 10:00 Fitness 11:00 Mental Aerobics 2:00 Coffee Club 3:30 In the Wind Pub 6:30 Movie Night	3 9:00 Home Life 10:00 Weekend Workout 11:00 Walking Club 1:30 Mah Jong 1:45 Bingo
Shopping Dining Arranging and Pub	8 9:00 Home Life 10:00 Fitness 11:00 Catholic Mass 2:00 Concert: Piano Sing a Long with Rhiann 3:30 In the Wind Pub	9 9:00 Home Life 10:00 Fitness 11:00 Mental Aerobics 2:00 Coffee Club 3:30 In the Wind Pub 6:30 Movie Night	10 9:00 Home Life 10:00 Weekend Workout 11:00 Walking Club 1:30 Mah Jong 1:45 Bingo
Dining Live & Coffee Arranging Pub	15 9:00 Home Life 10:00 Fitness 11:00 Catholic Mass 2:00 Rummage Sale: Main Floor 3:30 In the Wind Pub	16 9:00 Home Life 10:00 Fitness 11:00 Mental Aerobics 2:00 Coffee Club 3:30 In the Wind Pub 6:30 Movie Night	17 9:00 Home Life 10:00 Weekend Workout 11:00 Walking Club 1:30 Mah Jong 1:45 Bingo
Pub Lunch Dining Council and Pub	22 9:00 Home Life 10:00 Fitness 11:00 Catholic Mass 2:00 Food Commi ee 3:30 In the Wind Pub	23 9:00 Home Life 10:00 Fitness 11:00 Mental Aerobics 2:00 Wild West Birthday Party 6:30 Movie Night	24 9:00 Home Life 10:00 Weekend Workout 11:00 Walking Club 1:30 Mah Jong 1:45 Bingo
Drive Dining West	29 9:00 Home Life 10:00 Fitness 10:00 Handidart Scenic Drive 11:00 Catholic Mass 2:00 Games Galore 3:30 In the Wind Pub	30 9:00 Home Life 10:00 Fitness 11:00 Mental Aerobics 2:00 Coffee Club 3:30 In the Wind Pub 6:30 Movie Night	<div style="background-color: blue; color: white; padding: 10px; text-align: center;"> Tuck Shop Hours Monday and Wednesday at 10:30 am </div>

Nursing Corner

Meal Times

At the Windermere, we encourage all our residents to have their meal in a dining room. We have satellite or neighborhood dining rooms on floors 2- 8 and we have the larger dining room on the Main Floor.

Going to the dining room for meals adds exercise, variety and a chance to socialize with staff and other residents.

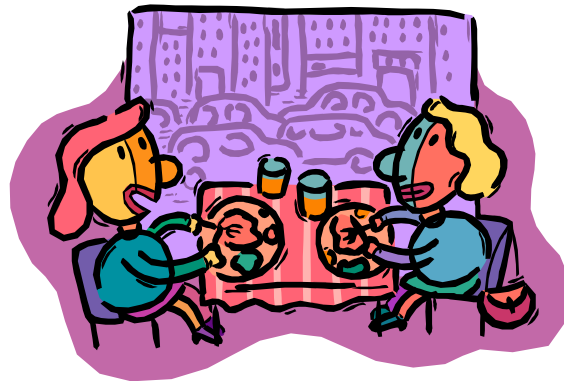
Meal trays can be ordered when you are not feeling well but are **not** encouraged on a regular basis.

Residents may invite guests for a meal (charges apply) – Please let the receptionist know in advance so we can prepare a place for you in the dining room.

We have rotating menus posted in each dining room and on the Main Floor by the elevators. There is *a/ways* an alternate if you don't like the featured item. Just let the server know.

Our Recreation Team also hosts special lunch clubs and picnics to keep us from getting bored with the dining room routine.

If you have any concerns or questions about the benefits of meal time in the dining room, talk to your Nurse or Joanna.



Oktoberfest

Oktoberfest, the world's largest beer festival, is held annually in Munich, Germany. The 16-day party attracts over 6 million people every year who consume 1.5 million gallons of beer, 200,000 pairs of pork sausage, and 480,000 spit-roasted chickens during the two-week extravaganza. While the event reinforces stereotypical images of beer-loving, meat-loving Germans dressed in dirndls and lederhosen, visitors to the annual event come from all over the world. Oktoberfest is in fact one of Munich's largest and most profitable tourist attractions. It brings over 450 million euros to the city's coffers each year. The folk festival has given its name to similar festivals worldwide that are at least in part modeled after the original Bavarian Oktoberfest. The largest Oktoberfest held outside of Germany takes place each year in the twin cities of Kitchener-Waterloo in Canada, where a large ethnic German population resides. The largest such event in the United States is Oktoberfest-Zinzinna in Ohio, which boasts half a million visitors each year.

Alles Gute!

Herzlichen Glückwunsch!



**ANSWERS TO WORD SCRAMBLE: 1. Tailor 2. Welder 3. Nurse 4. Pilot
5. Operator 6. Architect 7. Barber 8. Teacher 9. Sailor 10. Painter
11. Maid 12. Sheriff 13. Pianist 14. Lawyer 15. Plumber**

Word Scramble

Can you unscramble these words that describe different occupations—the first letter is capitalized?

1. iTlrao _____
2. elrdWe _____
3. erusN _____
4. tIPio _____
5. Oraetpor _____
6. thcAitrec _____
7. reBrba _____
8. ecahTre _____
9. iaorSI _____
10. reatniP _____
11. iMda _____
12. iffherS _____
13. naitPsi _____
14. rweaLy _____
15. uPbrlme _____

CHECK OUT THE ANSWERS ON PAGE 9

Chaplain's Corner

Victor Hugo, in his description of our Maker, says:

"Oh Thou who art! Ecclesiastes names Thee the ALMIGHTY, Mac-cabees names Thee CREATOR, the epistles to the Ephesians names Thee Liberty, the Psalms names Thee WISDOM and TRUTH, John names Thee LIGHT, the book of Kings names Thee LORD, Exodus calls Thee PROVIDENCE, Levi calls Thee HOLINESS, Ezra calls Thee JUSTICE, creation calls Thee GOD, man names Thee FATHER, but Solomon names Thee COMPASSION: and that is the most beautiful of all Thy names".



The Hebrew word for compassion is "rachmonis" and is like that deep love felt in the solar plexis of a mother and father for their child. To know the Lord as a God of compassion assures us we may obtain what we need most, and that is mercy and forgiveness of sins. All the attributes of God's grace culminate in His infinite compassion.

*Thank God for His compassion,
Without which - where would we be?
Now we can have assurance of forgiveness,
Throughout eternity.*

Have a good September.

Your Chaplain, Dan

September Highlights

DATE	TIME	EVENT	LOCATION
September 7	10:00	Bus Trip & Shopping	Oakridge Mall
September 8	2:00	Piano Concert & Sing-a-Long	Main floor piano
September 13	2:00	Lantern Festival Tea	Main floor dining room
September 14	10:00	Dim Sum	Meet on Main
September 14	2:15	Scenic Drive & Coffee	Meet on Main
September 15	2:00	Rummage Sale	Main Floor
September 21	10:00	Alpen Club: Deutsches Haus Luncheon	Meet on Main
September 21	2:00	Resident Council	Main floor
September 22	2:00	Food Committee	Main Floor
September 23	2:00	Wild West Birthday Party	Main Floor
September 28	10:00	Scenic Drive	Meet on Main
September 28	2:00	Oktoberfest	Main floor
September 29	10:00	Handi-dart scenic drive	Meet on Main