

**WINDERMERE CARE CENTRE
SPRING AND SUMMER - 2011 Production Menu**

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Break Fast	Assorted Juices or Prunes Oatmeal or Cold Cereal Carrot Muffin Garnish: orange slices Scrambled Eggs	Assorted Juices or Prunes Oatmeal or Cold Cereal Chocolate Chip Muffin Pancakes, maple syrup Boiled Eggs/	Assorted Juices or Prunes Cream of Wheat Cold Cereal Golden Raisin Muffin ½ Banana Poached Eggs	Assorted Juices or Prunes Oatmeal/Cold Cereal Lemon Poppy Seed Muffin Poached Eggs	Assorted Juices or Prunes Oatmeal or Cold Cereal Garnish: Orange slices Croissant/Danish Bacon & Eggs	Assorted Juices or Prunes Oatmeal or Cold Cereal Banana Muffin Poached Eggs	Assorted Juices or Prunes Oatmeal or Cold Cereal Orange Cranb. Muffin ½ Banana Poached Eggs
Ethnic	Chef Special : Chicken Fried Rice Noodle	Chinese Beef Stew with Daikon on Rice	Sausage & Fried Egg on rice	Crispy Baked Chicken with rice and veg.	Steamed Salmon in blk bean sauce, veg, rice	Teriyaki Chicken & Veg. on Rice	Steamed pork with shrimp paste, veg/rice
Altern	Sand: Egg Salad	Sand: Turkey	Sand: Chicken	Sand: Sl.Ham/lettuce	Sand: Roast Beef	Sand: Salmon Salad	Sand: Lyoner
Lunch	Tomato Corn Soup Curried Turkey Salad Plate Asian Slaw Cranberry Loaf Jell-O & whip top	Lentil Soup Cold beef and cucumber Sandwich Red Beet Citrus Salad Blueberry Tart	Chix Vegetable Gumbo Country Sausage Burger on Biscuit Tomato/cucumber salad Cinn. Fruit Compote	Cauliflower & Cheese Soup Summer Fruit Salad Asst. cheddar cheese Multigrain bun Garden Salad Date Square	Mulligatawny Soup Creamed Salmon Patty shell Carrot Date Salad Choc./Vanilla Ice Cream	Creamy Split Pea Soup Grilled Chicken Burger w.w bun Italian Summer Salad Seasonal Berries	Rice Soup Florentine Deli Meat Salad Plate: Dill potato salad Pickled Beets W.W. bread slice Nanaimo Bar
P.M.	Ice cream dixie/cookie	Great Punch/cookie	Juice/milk & cookie	Fresh fruit/cookie	Juice/milk & cookie	Sherbet Dixie & cookie	Fresh fruit & cookie
Ethnic	Same with Rice	Same with Rice	Same with Rice	Same with Rice	Same with Rice	Same with Rice	Same with Rice
Altern	Fish	Sausages	Chicken	Salmon Loaf	Turkey	Ham	Veal
Dinner	Tourtiere Mashed Potatoes Parslied Cauliflower Baked Custard	Cantonese Chicken Steamed Rice Ginger Honey Carrots Black Forest Pudding	Breaded Sole Fillets Lemon sl./tartar sauce Baked Potato Fresh Vegetable Medley Lemon Pound Cake/Sauce	Chicken Scaloppini Rosemary Roasted Potatoes Broccoli Mornay Fruit Trifle	Baked Ham & Apricot Dressing Mashed Sweet Potatoes Brussels Sprouts Apple- Hi Pie	Old fashioned Pot Roast Potatoes Romanoff Carrots/Turnips Fresh Rhubarb Bread Pudding	Ham Patties with cranberries Cheddary Potato Bake Scalloped Cabbage Sherbet Dixie
H.S.	Room - Request DnRmJce,Mlk,Bsc	Room - Request Dn.Rm Jce,Mlk,Bsc	Room - Request Dn.Rm Jce,Mlk,Bsc	Room - Request Dn.Rm Jce,Mlk,Bsc	Room - Request Dn.RmJce,Mlk,Bsc	Room - Request Dn.Rm Jce,Mlk,Bsc	Room - Request Dn.Rm Jce,Mlk,Bsc

NOTE: Water, Juice, Milk, Tea and Coffee are available at every meal. Jams, jellies and or peanut butter are served at breakfast. Satellite Dining Rooms – Only boiled & scrambled eggs for Brkf Bread slice available @ evening/dinner meal. Coffee and Tea served @ 3:15