

# Family Council



## Windermere Care Centre

### **PURPOSE**

A Family Council is a group of relatives and friends of residents living in long-term care, working together as a group to provide members with support and to seek solutions to common concerns. Our meetings are informal, but structured, in order to accomplish our purpose. From time to time we have speakers at our meetings, and are able to learn a little more about the responsibilities and goals of each department at Windermere, as well as other interesting information.

The Windermere Family Council meets monthly, January to June and September to November. The December meeting is a social event, and is held early in December so as not to conflict with other Christmas activities.

### **MEETING TIMES**

We meet on the **first Wednesday of each month at 7:00 p.m.** in the Library on the Lower Main Floor.

### **ADVANTAGES TO FAMILY MEMBERS**

It is important to family members to have the support of other family members in the same situation, especially at the commencement of our loved ones' residency in a care facility. Explanations, discussions and guidance in certain situations are appreciated by all of us, and this time together is an easy and informal way of helping to adjust to our new or long-term situation.

Please join us for our informal meetings, and experience the camaraderie that we share with each other.

**Marion H. Walker**, Chair  
Family Council, Windermere Care Centre

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