

<b>WINDERMERE CARE CENTRE</b>	
<b>RECREATION PROGRAMS FOR FLOOR 2 - 8</b>	
<b>MONDAY</b>	
Floors 2,3,4	
10:15	Music Therapy - 4th floor
11:15	Fitness
Floors 6,7,8	
10:00	Fitness
11:15	Music Therapy 6th floor
<b>TUESDAY</b>	
10:00	Balance Class on 11th floor
Floors 2,3,4	
9:30	Music Therapy on 3rd floor
10:30	Fitness
11:00	Helping Hands
Floor 6,7,8	
11:00	Fitness
<b>WEDNESDAY</b>	
Floors 2,3,4	
10:00	Fitness
Floors 6,7,8	
11:00	Fitness
<b>THURSDAY</b>	
10:00	Balance Class on 11th floor
Floors 2,3,4	
10:00	Fitness
11:00	Sing Along
Floors 6,7,8	
11:00	Fitness
<b>FRIDAY</b>	
10:15	Music Therapy on 7th floor
11:15	Music Therapy on 8th floor
<b>NO PROGRAMS(ON THE FLOOR) WEEKEND OR STATUTORY HOLIDAYS</b>	